PSYCHOLOGY

brotip #883

taking that extra second to make sure you're texting the right person is stupidly worth it.

brotipsHQ

PSYC 110 (General Psychology)

Module 14:
Psychological Disorders

Trenton C. Johanis, Ph.D.

Closing schedule for PSYC 110

13				
	Apr 28	Psychological Disorders	Chapter 14 [Disorders] Chapter 15 [Treatments]	Apr 30–May 2	Collab Project Final Submission (Apr 30) Collab Project Reflection (Apr 30) Friday Quiz 11 [Disorders] (May 2) End-of-Term Assessment (May 7) InQuizitive Ch. 14 [Disorders] (May 7) Reflection Journal 13 [Disorders] (May 7) InQuizitive Ch. 15 [Treatments] (May 7) Reflection Journal 14 [Treatments] (May 7)
	Apr 30			
	May 5	Psychological Treatments		
	May 7	*ClickerFest*		

This Friday's Quiz:
Lecture content from today and Wednesday
+
Chapter 14 ONLY

Collab project is due Wednesday (April 30)!

Only ONE partner needs to submit the final product

Don't forget to complete the <u>individual</u> reflection assignment due the same day!

End-of-Term Assessment is due May 7!

Go to this link to complete the end of semester survey:
https://tinyurl.com/GenPsycAssessment2

It should take you 20-30 minutes to complete the survey. Be sure to input your correct net ID (there are instructions right in the survey explaining what this is) as well as the correct instructor name. When you have completed it, you should take a screen shot of the completion message and then upload that screenshot here. Alternately, you can upload a copy of the email you will receive after completion (check your Clutter or Spam folder). You will not receive credit immediately in Canvas, as your instructor or GTA must manually verify your completion screenshot / email and post your credit.

Lecture Clickers (Bonus)

As of today we have completed 59 questions
- Includes solos, collabs, and miscellaneous questions that have come up throughout the term
(e.g., selecting your favourite Personality theory)

If you answered correctly on any question, you received one point

Your final score will be a proportion:

$$\frac{Total\ Points\ Earned}{Total\ Points\ Available\ In\ the\ Term}$$

So, if you missed a question or answered incorrectly, it adds to the denominator but not the numerator

Lecture Clickers (Bonus)

Regular Clickers will continue until Monday May 5th (Psychological Treatments)

Your final score can earn you a grade drop opportunity:
- ≥50%: Drop lowest Participation Grade
- ≥ 60%: Drop lowest Participation AND Quiz grade
- ≥ 70%: Drop lowest Participation AND TWO Quiz grades

CLICKERFEST
(In Class, May 7)

Full class of Lecture Clickers spanning content from the entire course

Designed as an opportunity to make up Clicker questions that you missed during the term AND as a review session for the exam ☺
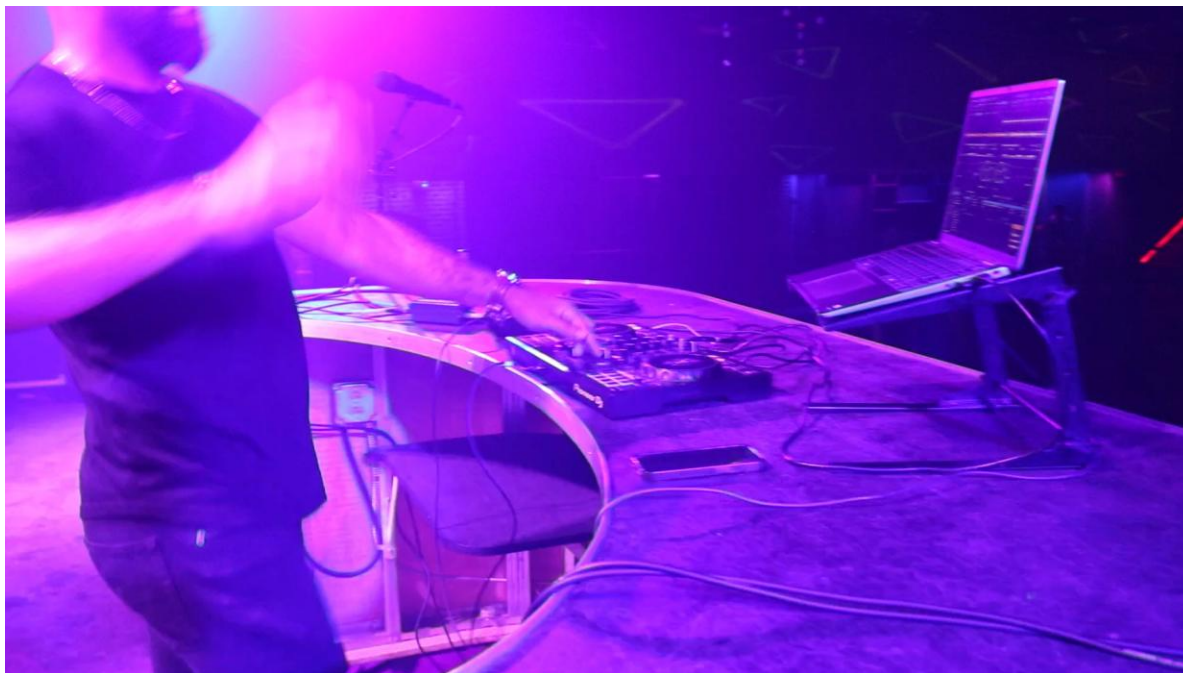
Completely optional but highly encouraged
- Correct answers will count toward your Total Points; Incorrect and/or missed will not count toward Total Available
- Total Available doesn't change after May 5th, so attending ClickerFest will only benefit you!

CLICKERFEST
(In Class, May 7)

If we are one of the top TWO sections in SONA participation by May 5th...

I'll DJ LIVE in class to celebrate the end of the year!

SONA Update: Course Section

section	mean credits earned	% of students who have…	
		started	finished
	3.5	87%	35%
	3.4	81%	38%
	3.2	89%	31%
110 (johanis) ALL	3.1	82%	28%
110 (kim)	2.3	75%	19%
110 (boyd)	2.1	72%	14%

We can do it!!

SONA Update: Discussion Sections

section	average credits earned	% of students who have...	
		started	finished
110 (johanis & colon 1545)	4.1	88%	44%
110 (johanis & fleenor 1500)	4.1	89%	42%
110 (johanis & jones 1130)	3.6	93%	48%
110 (johanis & evins 1610)	3.4	89%	36%
110 (johanis & santoni 1330)	3.2	81%	33%
110 (johanis & mattwig 1500)	3.0	71%	29%
110 (johanis & evins 1500)	2.9	89%	15%
110 (johanis & mattwig 1350)	2.9	73%	23%
110 (johanis & colon 1650)	2.8	81%	26%
110 (johanis & jones 1350)	2.5	85%	15%
110 (johanis & fleenor 1610)	2.4	75%	21%
110 (johanis & santoni 1430)	2.3	67%	15%

Current Standings

2% Extra Credit

2% Extra Credit

1% Extra Credit

0.5% Extra Credit

Our contests close May 5th, but SONA is open until the 7th

THE PLAN

CRITERIA OF A DISORDER: THE FOUR D'S

THE DSM MODEL OF DISORDERS

Maladaptive Behavior

Behavior patterns that are detrimental, counterproductive, or otherwise interfere with optimal functioning

Abnormal Psychology

The branch of psychology devoted to the study, assessment, treatment, and prevention of maladaptive behavior

While we learn about Psychological Disorders, be wary of...

"MED STUDENTS' DISEASE"
(aka "Second Year Syndrome" or "Intern's Syndrome")

A condition frequently reported in medical students, who perceive themselves to be experiencing the symptoms of a disease that they are studying

You <u>will</u> be tempted to self-diagnose your own behavior.

This should <u>only</u> be done by a professional!

Deviance

Danger

Dysfunction

Distress
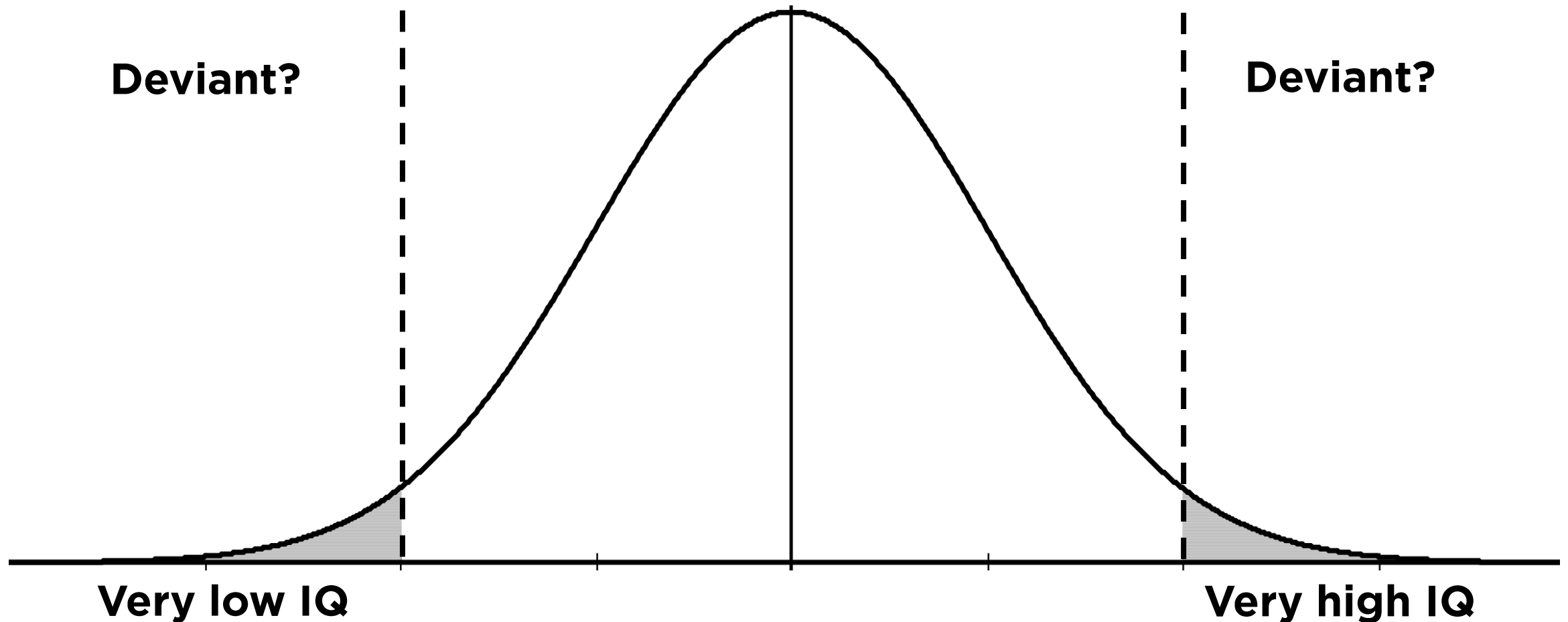
Deviance

People with psychological disorders deviate in some way from the typical behavior of others

BUT

"Typical" behavior can vary according to many factors (e.g., age, culture, socioeconomic status)

Distress

Psychological disorders often cause strong feelings of distress

BUT

This is not always the case, for example in Antisocial Personality Disorder (you'll see later)

Dysfunction

Psychological disorders often cause dysfunction in completing everyday tasks

BUT

This dysfunction may also be voluntary (e.g., a hunger strike)

Wake up	Brush teeth	Bath	Get dressed
Eating breakfast	Go to school	Have lunch	Playtime
Learning	Home time	Family time	Homework
Reading	Dinner	Making bed	Sleeping

PSYCHOLOGY

Danger

Psychological disorders often cause a person to place <u>themselves or others</u> in danger

<u>BUT</u>

This danger may also be voluntary (e.g., extreme sports)

Deviance

Danger

Dysfunction

Distress

DIAGNOSTIC AND STATISTICAL
MANUAL OF
MENTAL DISORDERS

FIFTH EDITION
TEXT REVISION

DSM-5-TR™

AMERICAN PSYCHIATRIC ASSOCIATION
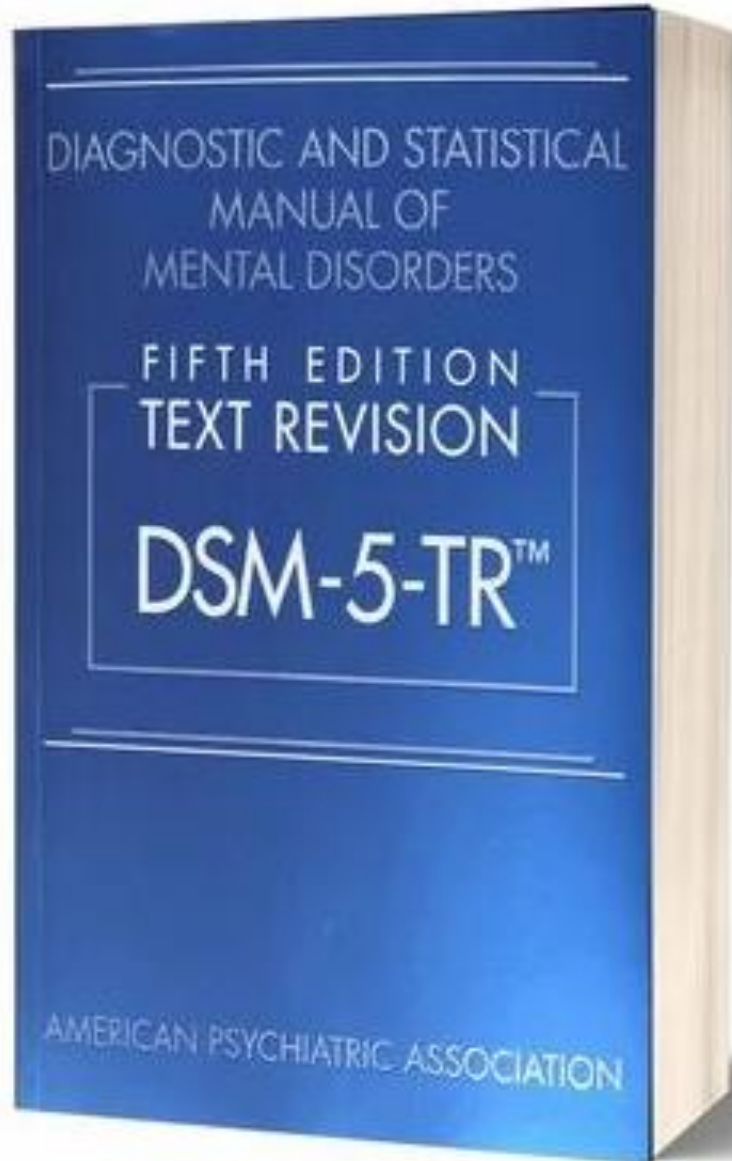
Two main functions:

1) Standard criteria to diagnose disorders

2) Common language to be shared between clinicians

**The first edition of the DSM
was published in 1952**

**Since then, some
disorders or
criteria have
been removed...**
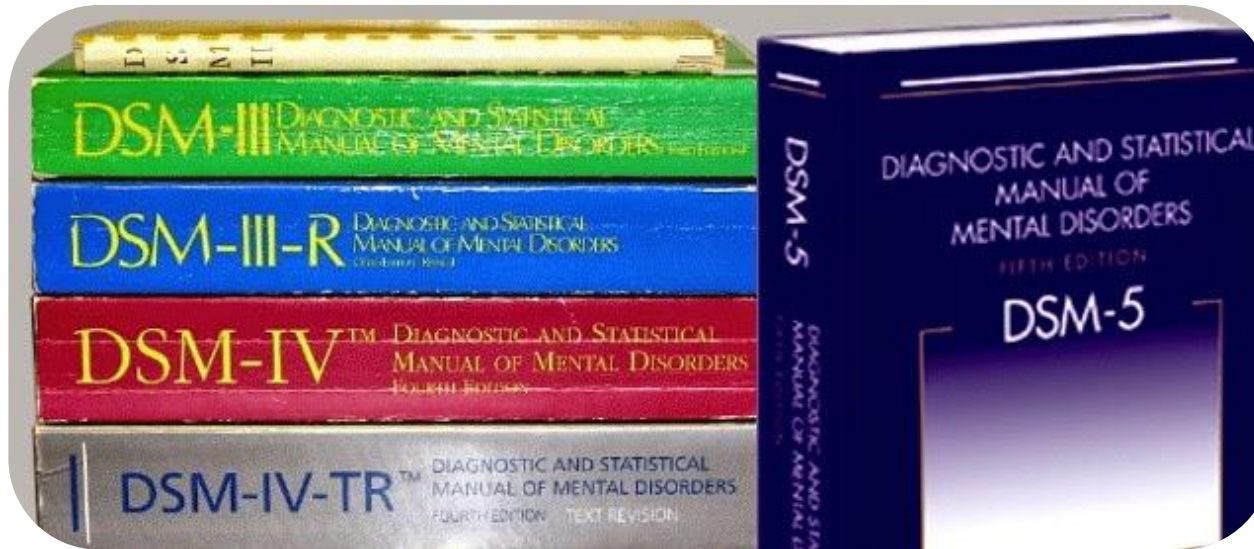
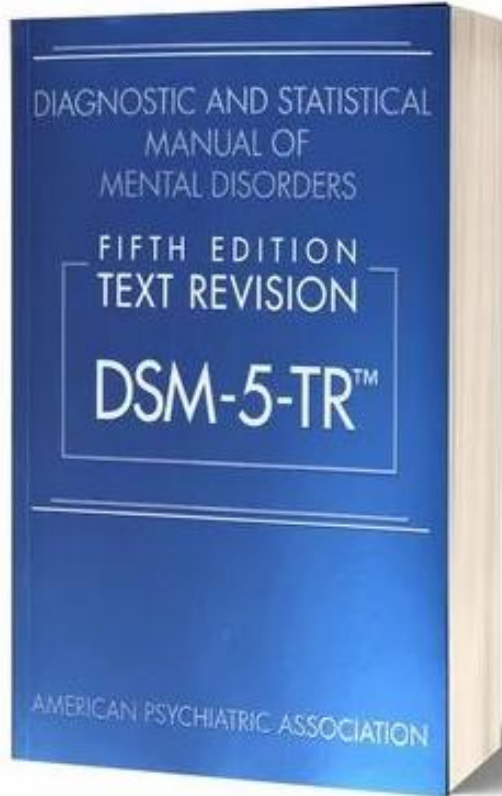**..and some have
been added or
re-classified**

Wait, don't we already know about one that was removed?

The individual meets the criteria for [DISORDER] if they meet [NUMBER] of these criteria:
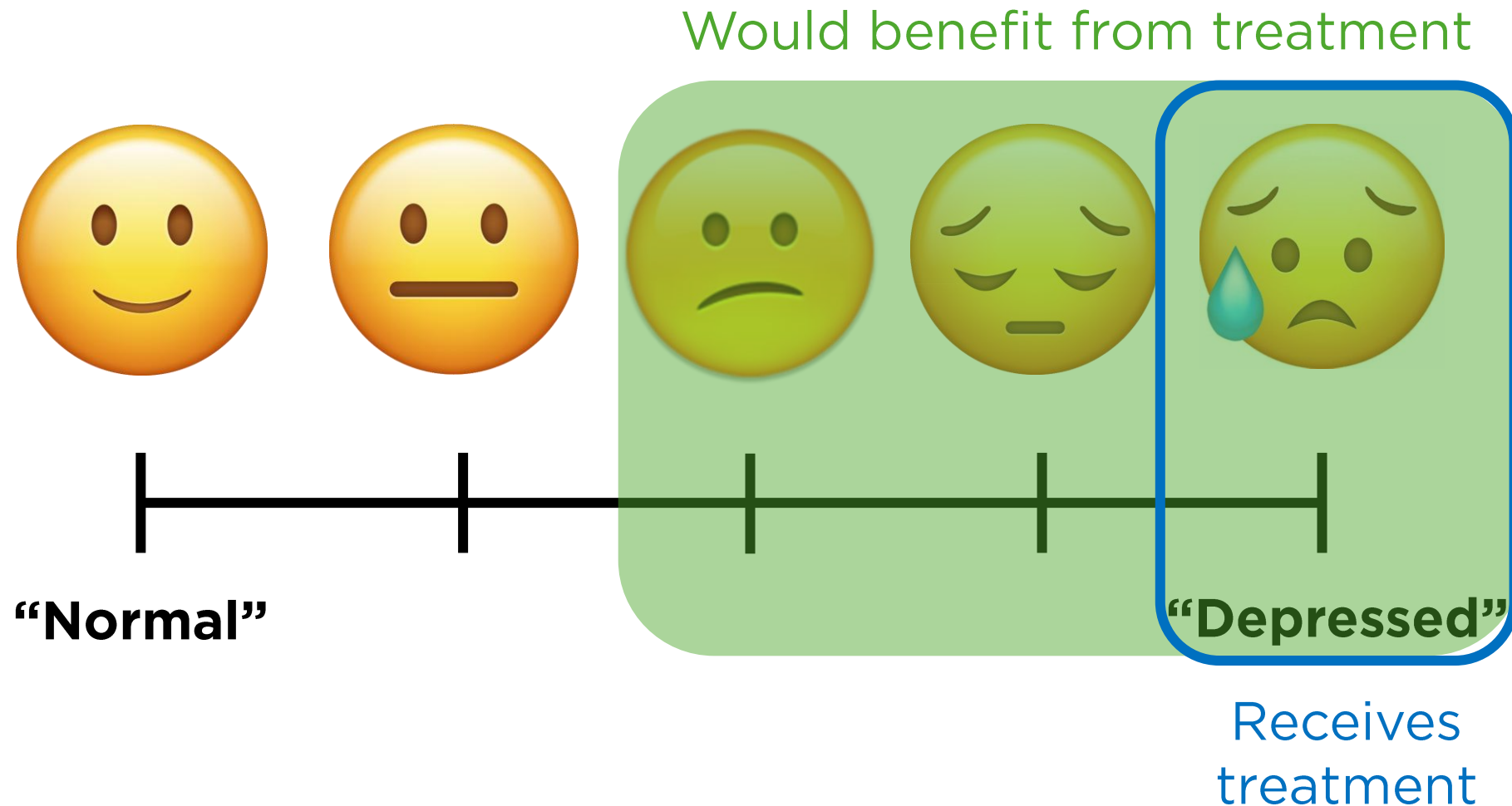
1) ...
2) ...
3) ...
4) ...
5) ...
6) ...
7) ...
8) ...
9) ...
10) ...
...

What could be a potential issue with this approach?

Would benefit from treatment

"Normal"

"Depressed"

Receives treatment

A categorical classification model <u>may</u> prevent suffering people from receiving treatment

PSYCHOLOGY

Comorbidity: Shared symptoms between illnesses

The Common Cold	Early HIV Infection
Sore Throat	Sore Throat
Runny Nose	
Fatigue	Fatigue
Swollen Lymph Nodes	Swollen Lymph Nodes

PSYCHOLOGY

Comorbidity: Shared symptoms between illnesses

Persistent Depression Disorder	Generalized Anxiety Disorder
Restlessness	Restlessness
Fatigue	Fatigue
Difficulty Concentrating	Difficulty Concentrating
Sleep disturbances	Sleep disturbances
…	…

Due to high comorbidity, the categorical classification model also risks misdiagnoses

THE PLAN

CRITERIA OF A DISORDER: THE FOUR D'S

THE DSM MODEL OF DISORDERS

> "
> There is hope,
> even when your
> brain tells you
> there isn't.
>
> **JOHN GREEN**

For y'all:

Collab Project **due April 30**

Friday Quiz 11 [Psychological Disorders ONLY] **is May 2**

Two InQuizitives [Disorders + Treatments] **due May 7**

Two Reflection Journals [Disorders + Treatments] **due May 7**

No Friday Quiz for Treatments

Final Exam **is May 14**